

What is the Lightbearers Institute?

The Lightbearers Institute is the primary teaching element in the Lightbearers Discipleship Community. It is a classroom setting where over the span of two years, students attend over fifty class sessions and complete two courses: Biblical Survey and Theology and Practice. The Institute seeks to give students Biblical literacy and sound doctrine, equipping them as church members for a lifetime and then stepping away to allow their churches will build upon this introductory foundational knowledge. In addition to participating in the Institute, students in a Lightbearers Discipleship Community live in intentional small groups led by a house leader, meet regularly with a mentor from their local church and are exposed to the work of the body of Christ among the nations. Our prayer is that these commitments connect students for life with Jesus, his people and his plan for the ends of the earth while we use their rental income to fund mission projects in Asia and northern Africa.

Lightbearers is not the church but, rather, exists to serve the local church. This conviction has impact in many areas, including the fact that the Lightbearers Institute is primarily taught by local pastors in order to emphasize to students our ministry's subordinate role and to introduce students to several healthy local churches. Remaining classes are taught by Lightbearers staff members and, in some instances, church laymen and laywomen.

Week 16: Sanctification 2 - The Practices of a Disciple

Thesis: Last week, we covered “the character of a disciple” with the premise that the regeneration of a believer has profound impact first and foremost on that person’s heart (mind, will, and emotions). That said, Scripture is clear that a changed heart will result in changed actions. The regenerated believer has discernible fruit in his or her life. We now obey Christ not to earn salvation but in response to the salvation he has earned for us. We now obey not of our own strength but out of the power of the Spirit. But obey we do. We obey the directives of Scripture and we practice spiritual disciplines, habits of righteousness that meet our need for spiritual “feeding.”

Primary Objectives: At the conclusion of this session, students should understand: 1) The reality that saving faith brings about good works; 2) The need to continually lay aside the old self and put on the new self; and 3) The value of spiritual disciplines in following Christ and an introduction to the practice of some of the most agreed upon disciplines.

Key Readings: Deuteronomy 6, Psalm 19, **Matthew 6**, Romans 12, Ephesians 4, James 2, 1 John 3

Things to Remember:

- The Lightbearers Institute aims to teach Biblical literacy and doctrinal soundness. Christian unity and a love of Scripture should be displayed above the ability to win an argument. On potentially contentious doctrines, we primarily want to emphasize to students the bounds of historical evangelical orthodox faith. You are free to outline your particular opinion on these doctrines, but please acknowledge to students where there is notable legitimate debate on an issue.
- Class sessions usually run for 90 minutes and take place in an academic setting (students seated at tables), but please communicate with your local campus staff for exact details and location.
- In an effort to encourage students to engage with Scripture, students have assigned key readings (listed above), so it is wise to reference some of these readings. We do not ensure students have completed the assigned readings but mentioning and/or discussing these readings, particularly the bolded chapter, during class reinforces to students the need to complete these readings.
- Lightbearers Theology and Practice course follows an outline loosely based on Wayne Grudem’s Systematic Theology. Please note, however, that students have not read Systematic Theology by Wayne Grudem.
- Please prepare an outline for students. A sample outline follows, but please note that this material is suggestive rather than prescriptive. Please use this sample to whatever extent is helpful to you, and communicate with local campus staff with any specific questions you have.
- Our most successful instructors consistently do three things: 1. Demonstrate clearly that their teaching and opinions are based in Scripture; 2. Communicate with students in an engaging manner; 3. Have a passion for the Scriptures and the God who inspired them.

Proposed Teaching Outline

	TOPIC	CHAPTERS	TIME
I.	The Relationship between Faith and Works		(30 min.)
A.	Free Salvation that Costs Everything You Have?	(38)	(15 min.)
B.	Old Self vs. New Self	(38)	(15 min.)
II.	Spiritual Disciplines		(60 min.)
A.	Bible Study		(10 min.)
B.	Prayer	(18)	(10 min.)
C.	Fasting	(18)	(10 min.)
D.	Confession and Repentance	(35)	(10 min.)
E.	Service		(10 min.)
F.	Stewardship		(10 min.)

Spring Class Sequence

WEEK	DOCTRINES
(1)	Fall Review
(2-3)	Sanctification
(4)	Disciplemaking
(5-7)	Ecclesiology
(8)	Missions
(9-10)	Church History
(11-12)	Eschatology
(13)	Spring Review

Resources

TITLE	AUTHOR
Systematic Theology	Grudem
Spiritual Disciplines for the Christian Life	Whitney
Spiritual Disciplines Within the Church	Whitney
Cost of Discipleship	Bonhoeffer
Celebration of Discipline	Foster

Additional Web Resource

Capitol Hill Baptist Church
http://capitolhillbaptist.org/resources/core-seminars